



NORTH HILLS

CHRISTIAN SCHOOL

Equipping hearts and minds of students to impact the world for Christ

COVID-19 FAQs

- What are the symptoms of COVID-19?
 - Find a complete list of symptoms from the CDC here:
<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>
- My Child has tested positive for COVID-19, what do I do?
 - Contact Nikki Eagle, at neagle@northhillschristian.com, 704-636.3005, ext.108, or via text message at 704-202-2537, so she can give you quarantine information and alert your teachers.
- A member of my household has tested positive for COVID-19, what do I do?
 - Contact Nikki Eagle, at neagle@northhillschristian.com, 704-636.3005, ext.108, or via text message at 704-202-2537, so she can give you quarantine information and alert your teachers.
- I have/a member of my household has been tested for COVID-19, and we are awaiting results, what do I do?
 - Contact Nikki Eagle, at neagle@northhillschristian.com, 704-636.3005, ext.108, or via text message at 704-202-2537, so she can give you quarantine information and alert your teachers.
- My student has allergy symptoms - should they come to school?
 - Because so many allergy symptoms are similar to COVID-19, we recommend that your student stay home, and contact Nikki Eagle, neagle@northhillschristian.com, for further instructions.
- My student had a fever over the weekend, but feels better now. When can they come back to school?
 - Anyone (students and staff) should be fever free, without fever-reducing medication, for at least 72 hours before returning to school. For example, if your student goes home with

a fever at 2 p.m. on Monday, and their fever breaks on Monday night, and they have not had fever-reducing medicine since 2 p.m. on Monday, your student should not return to school until Friday.

- I have been exposed/someone in my household was exposed to COVID-19. Does everyone in my house need to quarantine?
 - The rules for quarantining can be confusing, so in an effort to eliminate confusion, here's what you need to know:
 - If there is a COVID-19 positive in your household, everybody quarantines.
 - If someone in your household is showing signs/symptoms of COVID-19, everybody quarantines, and we encourage testing for COVID-19.
 - If someone in your household is quarantining because they MAY have come in contact with COVID-19, but is not showing signs or symptoms, everyone else in your household can go to work/school/etc. while self-monitoring for signs/symptoms. If anyone develops symptoms, see bullet #2.
- Why does my student have to clear 14 days since exposure before coming back to school since the CDC recommends 10?
 - We are doing our best to keep everyone on campus, safe and healthy, which is why we require students to remain off campus for a full 14 days. For example, if you are exposed on a Monday, your first day of quarantine begins Tuesday. This is a precaution to make sure that anyone who may have been exposed to or tested positive for COVID-19 is healthy before returning to campus. This is also the guidance for timing our local health department has advised. All local schools in Rowan County are using this same guideline.
- My student has been required to quarantine due to contact tracing and has received a negative COVID test, can they return to school before the 14 day quarantine period is over?
 - Because COVID-19 can take up to 10 days to exhibit symptoms after exposure, students are required to remain off campus for 14 days. For example, if you receive a negative test result 8 days after being exposed to COVID-19 and come back on campus on day 9, there is still a chance you could begin to exhibit symptoms on the 10th day after being exposed, at which point, additional students and staff would have to quarantine.
- I would like my student to be virtual full-time.
 - At this time, we only allow students to go virtual for a limited time, and only due to COVID-19 exposure, illness, extenuating circumstances, etc. Virtual students must be approved by their respective principals. Please reach out to Mrs. Sabia, ksabia@northhillchristian.com, or Mr. Weaver, mweaver@northhillchristian.com, if you have questions about virtual learning.